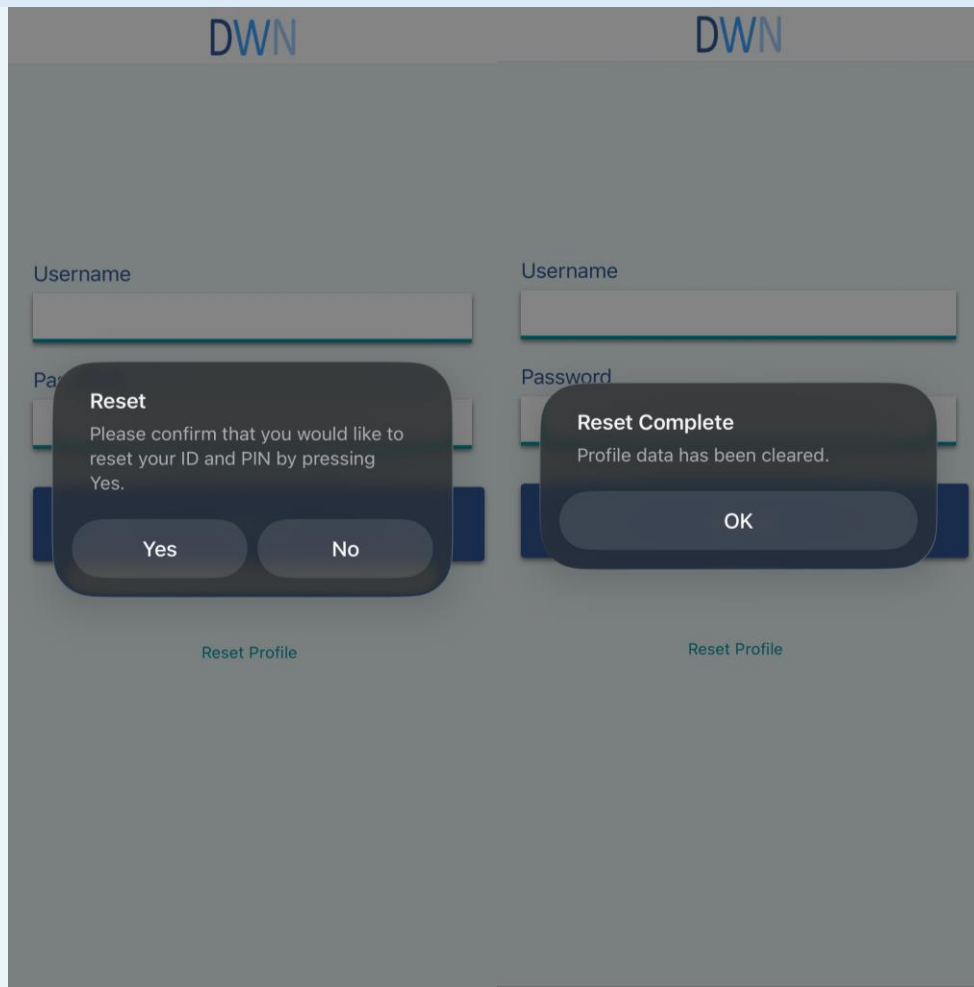
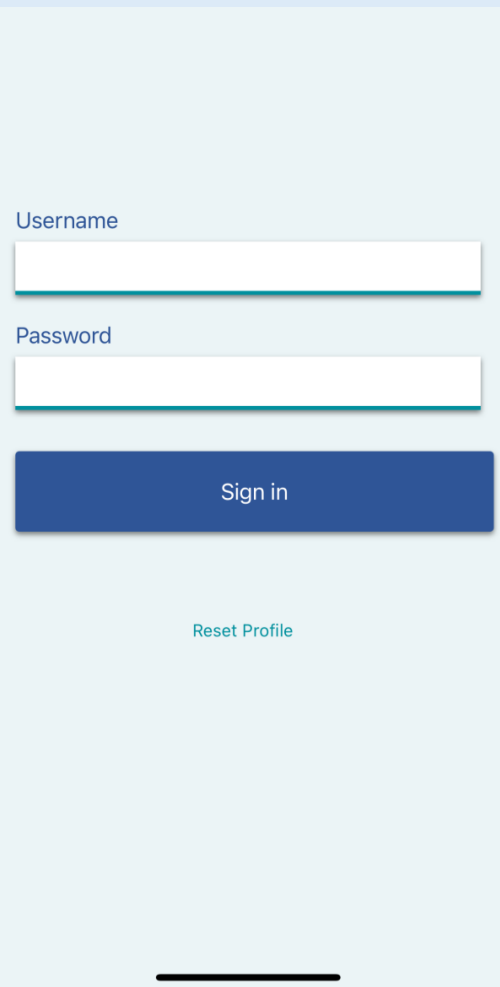


Resetting the DWN App



Reset Profile

Click the **Reset Profile** button. Select **Yes** and **OK** if prompted.

After **Resting Profile** then **delete/remove** the app from your phone.

Once removed download the app again from Android:

<https://play.google.com/store/apps/details?id=com.mahi.dwn>

iOS:

<https://apps.apple.com/us/app/digital-wellness-nurse/id1622463425>

Username

Password

Sign in

[Reset Profile](#)

Sign In

To start using the app again, just enter your username and password.

Once you've typed them in, tap Sign In—and you're on your way!

Terms and Conditions for Our App, the Digital Wellness Nurse

The purpose of this study is to test whether a mobile app, the **Digital Wellness Nurse (DWN)**, can help African American families with weight management adopt healthier lifestyles. Participants in this study will receive education and guidance on physical activity

Accept

Decline

Term and Conditions

When signing in the app will ask you to review the Terms and Conditions.

When you're ready, just tap Accept to continue using the DWN app.

Terms and Conditions for Our App, the

"DWN" Would Like to Send You Notifications

Notifications may include alerts,
sounds, and icon badges. These can
be configured in Settings.

Don't Allow

Allow

The purpose of this study is to test whether a mobile app, the **Digital Wellness Nurse (DWN)**, can help African American families with weight management adopt healthier lifestyles. Participants in this study will receive education and guidance on physical activity

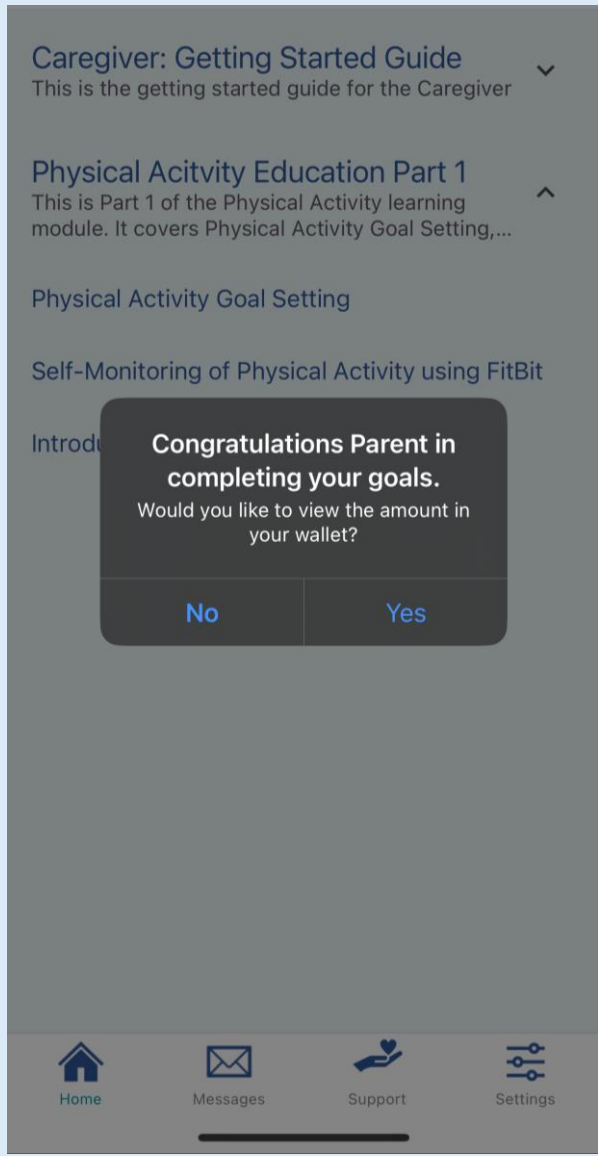
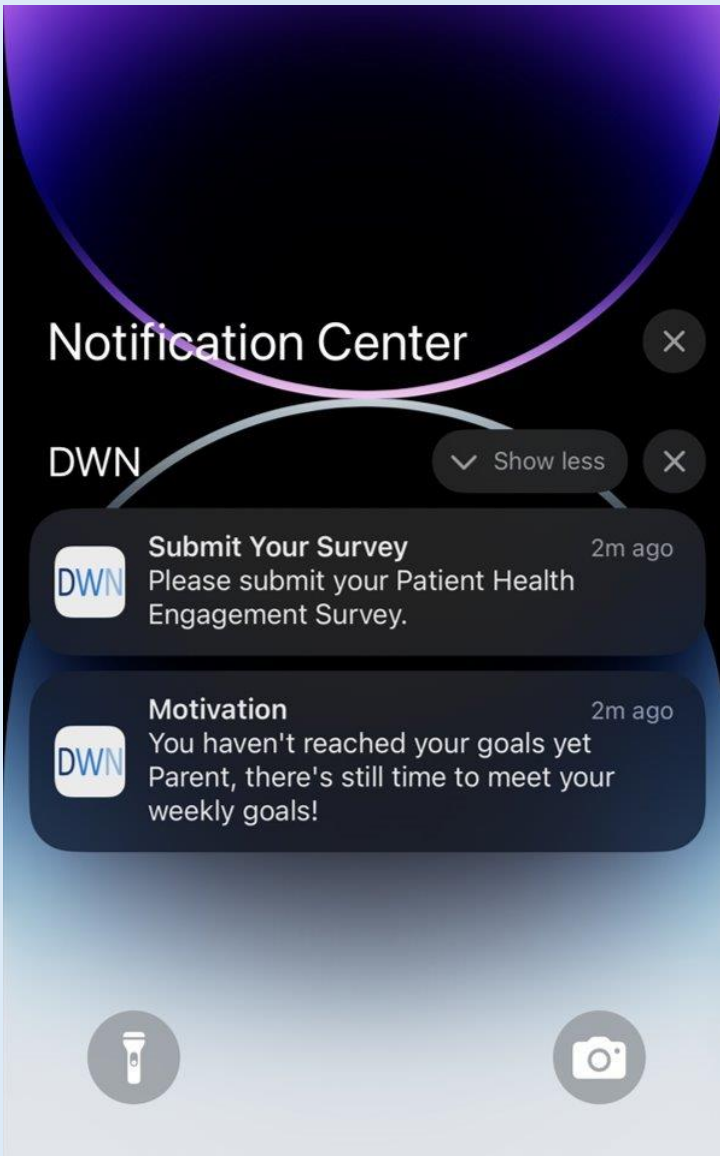
Accept

Decline

Allowing Notifications

In order for the DWN App to be effective in delivering the intervention you must allow notifications.

Allowing notifications will alert you to messages from your healthcare coach or other members of your tribe. You'll also receive reminders for tasks to complete.



Receiving Notifications

Throughout the study, you'll get helpful reminders—both push notifications and in-app alerts—so you never miss something important.

First Sign In

When signing in, you may see a blank screen.

Once this happens, completely close the DWN app, then reopen it and sign in again.

If you receive an **error message**, select **OK** and continue in closing and reopening the app.



Home



Messages



Settings